

2017 SEC Football Media Days Ole Miss Player Quotes

Thursday, July 13, 2017

Sophomore Quarterback Shea Patterson

On personal development and ultimate goals other than being the starter...

"I'm always trying to be the best version of myself. I was fortunate enough to go to IMG in Florida for half of my senior year, and that really gave me a lot of benefits going into the first spring. I think I transitioned well."

On how IMG was beneficial and how it prepared you to be a starter...

"It was definitely a professional decision. I thought about staying my senior year in Louisiana and having fun with my friends. I had the opportunity to go to IMG, and as soon as I got there I was put on a meal plan and workout regiment. I feel like that really helped me going into the spring at Ole Miss."

On challenge of handling adversity and being a leader knowing your team will be done playing on Thanksgiving Day...

"I feel like this offseason, spring and fall collectively we are taking it as we roll. Fortunately I have great teammates and a great support staff. So right now we are just worrying about what we control, and that is just showing up working out, being the best version of ourselves every day. We are just really looking forward to Sept. 2. Anything else beyond that is kind of irrelevant for us right now.

On what was learned from starting the final three games...

"I look at it as an opportunity to do what I love. You don't really know until you go out there and make that first play. Of course, in your head, you're like, 'I can do this I can make this play,' but once you go out there and make that first play it's a reality for you. I think experience-wise, I learned a lot, getting out there in front of the crowds, getting the chemistry down with your teammates in a game situation. I think that will really benefit me going into this season.

On NCAA investigation lawsuits and is it something the team talks about...

"Not at all. Of course, when it first happened it was kind of devastating. We all came here to win a national championship, but I think it has brought us all closer together. Adversity tends to crumble people a part or brings guys together. I have never been around a group of guys and coaches that have worked as hard as we have in the spring in the summer. I think we are going to take that chip on our shoulder going into the season.